

# The Splendid Table's How to Eat Weekends: New Recipes, Stories, and Opinions from Public Radio's Award-Winning Food Show

Lynne Rossetto Kasper, Sally Swift

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In this enticing James Beard Award-nominated follow-up to their first book, Lynne Rossetto Kasper and Sally Swift, host and producer of *The Splendid Table* public radio show, celebrate Saturday and Sunday—those two days of the week when the pressure is off, time becomes your ally, and you get to slow down and dig into cooking in a different way.

In *The Splendid Table's How to Eat Weekends*, Lynne and Sally take you on escapades for a deeply pleasurable experience. They want you to head to different neighborhoods and markets, gather up ingredients, and embrace new cooking techniques and flavors that will carry over into your everyday meals. They include backstories about the rituals and reasons behind particular dishes (such as why lettuce figures into southern Chinese New Year celebrations) and take you deep into the aromatic aisles of ethnic markets and neighborhoods.

Loyal listeners to *The Splendid Table* radio show know Lynne and Sally's insatiable curiosity about the intersections between food and life and their belief that what goes into our mouths transcends taste. Their curiosity fires exciting flavors and new takes on dishes we'll want to eat every day of the week.

Here are 100 recipes for weekends, when you can enjoy the journey of cooking rather than just the destination. The recipes are accessible and their directions easy to follow whether you're a rookie or more experienced in the kitchen. Begin a meal with Rice Paper Rolls of Herbs & Shrimp or Mahogany-Glazed Chicken Wings. Try Scandinavian Broth with Scallop–Smoked Salmon Drop Dumplings; Barley Risotto with Saffron, Corn & Chives; or Sichuan-Inspired Pickled Vegetables. Main courses include Yucatán Pork in Banana Leaves; Timbale of Sweet Peppers, Greens & Hominy; and Leg of Lamb with Honey & Moroccan Table Spices.

Readers will also find lots of variations and ideas for leftovers in "Work Night Encores," expert wine pairings, and musings—plus the stories, quips, and history that *Splendid Table* fans have come to love. *The Splendid Table's How to Eat Weekends* in an essential addition to any cookbook shelf.



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Reading can called imagination hangout, why? Because when you find yourself reading a book especially book entitled The Splendid Table's How to Eat Weekends: New Recipes, Stories, and Opinions from Public Radio's Award-Winning Food Show the mind will drift away trough every dimension, wandering in every aspect that maybe unfamiliar for but surely might be your mind friends. Imaging just about every word written in a book then become one web form conclusion and explanation this maybe you never get just before. The The Splendid Table's How to Eat Weekends: New Recipes, Stories, and Opinions from Public Radio's Award-Winning Food Show giving you yet another experience more than blown away your thoughts but also giving you useful data for your better life in this era. So now let us teach you the relaxing pattern is your body and mind will probably be pleased when you are finished reading through it, like winning a. Do you want to try this extraordinary paying spare time activity?

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Is it you who having spare time in that case spend it whole day by watching television programs or just telling lies on the bed? Do you need something new? This The Splendid Table's How to Eat Weekends: New Recipes, Stories, and Opinions from Public Radio's Award-Winning Food Show can be the answer, oh how comes? A book you know. You are so out of date, spending your extra time by reading in this fresh era is common not a geek activity. So what these guides have than the others?

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