



Wokini: A Lakota Journey to Happiness and Self-Understanding

Billy Mills, Nicholas Sparks

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"Wokini", translated from Lakota, means "seeking a new beginning" or "seeking a new vision". This book will teach you about yourself, show you what it means to be happy, and lead you on your own personal journey to feel more satisfied in your life. In Wokini, you will find the key to peace of mind and self-understanding. "Wokini" is a blend of modern therapeutic principles, positive thinking; self-awareness; and Native American beliefs in meditation, thought, dreams, and respect for the harmony and balance of nature.

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From reader reviews:

Dawn Spigner:

The feeling that you get from Wokini: A Lakota Journey to Happiness and Self-Understanding is the more deep you digging the information that hide inside the words the more you get thinking about reading it. It does not mean that this book is hard to recognise but Wokini: A Lakota Journey to Happiness and Self-Understanding giving you enjoyment feeling of reading. The author conveys their point in certain way that can be understood by means of anyone who read this because the author of this reserve is well-known enough. This specific book also makes your own personal vocabulary increase well. Making it easy to understand then can go with you, both in printed or e-book style are available. We propose you for having this Wokini: A Lakota Journey to Happiness and Self-Understanding instantly.

Scott Frew:

Playing with family in the park, coming to see the marine world or hanging out with friends is thing that usually you may have done when you have spare time, and then why you don't try thing that really opposite from that. A single activity that make you not sensation tired but still relaxing, trilling like on roller coaster you are ride on and with addition of knowledge. Even you love Wokini: A Lakota Journey to Happiness and Self-Understanding, you may enjoy both. It is very good combination right, you still want to miss it? What kind of hang-out type is it? Oh occur its mind hangout men. What? Still don't have it, oh come on its referred to as reading friends.

Debra Davis:

Wokini: A Lakota Journey to Happiness and Self-Understanding can be one of your starter books that are good idea. Most of us recommend that straight away because this book has good vocabulary that could increase your knowledge in vocabulary, easy to understand, bit entertaining but nevertheless delivering the information. The writer giving his/her effort to put every word into satisfaction arrangement in writing Wokini: A Lakota Journey to Happiness and Self-Understanding although doesn't forget the main position, giving the reader the hottest in addition to based confirm resource facts that maybe you can be considered one of it. This great information can easily drawn you into fresh stage of crucial pondering.

Farah McCune:

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