



# **Buena Salud A Traves De La Desintoxicacion (Spanish Edition)**

*Don Colbert*

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## **Buena Salud A Traves De La Desintoxicacion (Spanish Edition) Don Colbert**

¿Está usted listo para un cambio total en su salud? ¿Desea eliminar las toxinas del cuerpo? En este revolucionario libro, el Dr. Don Colbert, autor de la exitosa serie *La cura bíblica*, presenta un plan de 28 días para desintoxicar el cuerpo de las toxinas. Este plan está diseñado para restaurar el cuerpo, la mente y el espíritu.

Muchas personas nunca han ayunado, pero la versatilidad de este libro permite que ocurra una limpieza parcial luego de un período de dos o tres días, un plan de dos semanas para fortalecer el hígado contra los efectos de las toxinas o el protocolo de 28 días para ambas cosas: fortalecer el hígado y desintoxicar el cuerpo.

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