



**Asperger's Syndrome: & Potty Training: 2 Books  
in 1 - Parenting a Child With Asperger Syndrome  
& Potty Training Children With Autism Spectrum  
Disorders ... High Functioning Autism, ASD  
Books)**

*Claire Hope*

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# **Asperger's Syndrome: & Potty Training: 2 Books in 1 - Parenting a Child With Asperger Syndrome & Potty Training Children With Autism Spectrum Disorders ... High Functioning Autism, ASD Books)**

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**Asperger's Syndrome: & Potty Training: 2 Books in 1 - Parenting a Child With Asperger Syndrome & Potty Training Children With Autism Spectrum Disorders ... High Functioning Autism, ASD Books)**

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## **2 Books In 1**

### **Parenting a Child With Asperger's Syndrome- Potty Training & Autism Spectrum Disorders**

When parenting a child with Asperger's Syndrome, one has to adjust any conceptions they have of raising a child, raising a family, and the struggles that are part of the growing process. A family with a special child develops and grows very differently from a completely normal one, so it's important that parents are given the proper knowledge and tools to prepare for the journey ahead.

### **Here are a Few Things From the Book: Asperger's Syndrome**

#### **What is Aspergers?**

Before you can do anything else, you have to know Asperger's Syndrome like the back of your hand.

Knowledge is power, so the most effective first step is to educate yourself about what Asperger's is and what it entails. So, what exactly is Asperger's Syndrome?

Asperger's Syndrome, or Asperger's Disorder, is considered an Autism Spectrum Disorder. This condition affects many aspects of life, such as social interactions, communication, relationships, etc. Despite the fact that the condition was first conceptualized in 1944, the exact cause of Asperger's remains unknown. Current theories suggest that it is rooted in genetics, though there has been no genetic cause identified thus far.

Currently, Asperger's is considered a less severe form of Autism instead of a completely separate disorder. As such, here are the identified symptoms and characteristics of Asperger's Syndrome that make the disorder unique:

#### **Symptoms:**

- Social Difficulties
- Repetitive or Obsessive Behavior

- Limited and Focused Interests
- Anxiety or Depression
- Developmental Delays

### **How is Aspergers Syndrome Treated?**

By using these treatments and implementing them at an early age, many individuals with Asperger's Syndrome are able to lead fairly typical lives and are able to relate with others.

#### **Treatments:**

- Social Skills Training
- Cognitive and Behavioral Therapy
- Parent Training
- Physical Therapy/Occupational Therapy
- Speech and Language Therapy

## **Here Are a Few Things From the Book:**

### **Potty Training Kids With Autism or Asperger's Syndrome**

Toilet training can be particularly difficult to handle, so it's important that parents are able to develop a consistent system of teaching appropriate bathroom habits to children with Autism Spectrum Disorders (ASD).

#### **Here are things that you need to do:**

- Teach your child a phrase that will help you and your family know when they need to go to the bathroom. Ensure that your family uses the same phrase, and make sure that your child consistently uses these words to communicate their bathroom need. You may want to teach them a gesture to accompany this phrase to make the communication process easier.

- Assess the problems your child is having. What do you think poses the greatest challenge for your child? What does he or she seem most uncomfortable with?


- Move all grooming routines to the bathroom; specifically, move diapering and cleaning to the bathroom in order to help them associate these behaviors with the toilet.

Since children with ASD are unable to understand the connection between cleanliness and avoiding illnesses, it's your job to teach them to follow routines that incorporate the maintenance of good hygiene.

#### **After Reading This Book You Will Be Able To Effectively Teach Your Child To:**

- Stay on a set hygiene schedule
- Go to bathroom in the toilet
- Wash themselves in a shower or bath
- Brush their teeth
- Floss their teeth
- Wash their hands and when
- Stay clean throughout the day
- Be able to communicate their routine

If your child has Asperger's, it is our hope that this book will give you the information that you need to de

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#### **Samantha Campbell:**

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#### **Mary Christensen:**

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