



Between Heaven and Earth: A Guide to Chinese Medicine

Harriet Beinfield, Efrem Korngold

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Two of the foremost American educators and healers in the Chinese medical profession demystify Chinese medicine's centuries-old approach to health. Combining Eastern traditions with Western sensibilities in a unique blend that is relevant today, BETWEEN HEAVEN AND EARTH opens the door to a vast storehouse of knowledge that bridges the gap between mind and body, theory and practice, professional and self-care, East and West.

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