



# **Beyond Anger and Violence: A Program for Women Facilitator Guide and Participant Workbook Set**

*Stephanie S. Covington*

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Written for those who will be facilitating the therapeutic intervention Beyond Anger and Violence program, this Facilitator's Guide contains an overall description of the Beyond Anger and Violence program and step-by-step instructions for conducting the twenty sessions of the program. With tips on conducting group sessions and materials needed for each session, this Guide provides a background into the type of environment that is necessary for a therapeutic program to be effective, considerations for the facilitator in conducting the program, and descriptions of the theories and knowledge that are the underpinning of the program.

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