



# **Creative Interventions with Traumatized Children, Second Edition (Creative Arts and Play Therapy)**

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# Creative Interventions with Traumatized Children, Second Edition (Creative Arts and Play Therapy)

## **Creative Interventions with Traumatized Children, Second Edition (Creative Arts and Play Therapy)**

A trusted, bestselling resource, this volume demonstrates a range of creative approaches for facilitating children's emotional reparation and recovery from trauma. Experts in play, art, music, movement, and drama therapy, as well as bibliotherapy, describe step-by-step strategies for working with children, families, and groups. Rich with case material and artwork, the book is both practical and user-friendly. Specific types of stressful experiences include parental loss, child abuse, family violence, bullying, and mass trauma. Important developments in neurobiology, self-regulation, and resilience and posttraumatic growth are highlighted in this substantial revision.

### New to This Edition:

\*Chapters on art therapy and EMDR, body maps and dissociation, sandtray play, resiliency-based movement therapy, work with clay, mindfulness, and stress reduction with music therapy.

\*Updated and expanded discussions of trauma-informed therapy and the neurobiological basis for creative interventions.

\*The chapter on mass violence has been extensively rewritten with new case material on the Sandy Hook school shooting.

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