



# Introduction to Type: A Guide to Understanding Your Results on the MBTI Instrument

*Isabel Briggs Myers*

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**Introduction to Type: A Guide to Understanding Your Results on the MBTI Instrument** Isabel Briggs Myers

Help clients integrate type concepts into their lives with this popular guide Use this helpful booklet during an introductory feedback session and for further exploration following the session. This edition offers refined descriptions of the 16 types reflecting current research. It also offers an in-depth exploration of the eight preferences and materials on type dynamics. It provides the essential information for understanding MBTI® results.

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