

## #Mojotweet: 140 Bite-Sized Ideas on How to Get and Keep Your Mojo

Marshall Goldsmith



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**#Mojotweet: 140 Bite-Sized Ideas on How to Get and Keep Your Mojo** Marshall Goldsmith Mojo happens the moment we do something that's purposeful, powerful, and positive, and the rest of the world recognizes it. '#MOJOtweet' by New York Times best-selling author Marshall Goldsmith reveals how we can create Mojo in our lives, maintain it, and recapture it when we need it.

In this book, you will explore the vital ingredients for building Mojo--identity, achievement, reputation, and acceptance--and realize the five qualities necessary to do an activity well--motivation, knowledge, ability, confidence, and authenticity. In 140 bite-sized insights (ahas), Goldsmith teaches readers how to discover and nurture these elements within ourselves and how to use them as building blocks for creating our own personal Mojo, the result of which is happiness, reward, meaning, learning, and gratitude.

One of the key insights in the book says, "The only person who can de?ne meaning and happiness for you is YOU!" This book will make you think, this book will make you act, this book can help you cultivate better Mojo and become a better YOU. Goldmsith says that "our general tendency is to continue to do what we are already doing," but the paradox is that "this might not be sufficient for getting and keeping Mojo." So, do something different--something powerful, something purposeful, something positive--and get and keep '#MOJOtweet' today. Read more in his new book, 'MOJO: How to Get It, How to Keep It, How to Get It Back if You Lose It.'

'#MOJOtweet' is part of the THINKaha series whose 100-page books contain 140 well-thought-out quotes (tweets/ahas).

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