



How Winning Works: 8 Essential Leadership Lessons from the Toughest Teams on Earth

Robyn Benincasa

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Robyn Benincasa has made an art form of extreme performance by competing and winning at the highest levels of sport and business. In her fifteen-year career as a professional adventure racer, she has biked through jungles in Borneo, climbed Himalayan giants in Nepal, trekked across lava fields in Fiji, rafted rapids in Chile--and racked up multiple world championship titles along the way. In her spare time, she is a firefighter and a sought-after keynote speaker on the subject of teamwork and leadership.

In "How Winning Works, " Benincasa shows you how to climb to new levels of professional and personal success. She shares the eight essential elements of teamwork, learned through her extreme adventure racing, that create synergy with all the teammates in your life, from colleagues and customers to family members and friends:

Total Commitment

Empathy and Awareness

Adversity Management

Mutual Respect

"We" Thinking

Ownership of the Project

Relinquishment of Ego

Kinetic Leadership

This field guide to success shares the same training tools and exercises that have become wildly popular in the leadership seminars Benincasa gives to corporations, including Starbucks, Deloitte Consulting, 3M, Verizon, Nestle, Boeing and many others. Stories from her adventure racing also illustrate how winning teams interact under the world's most extreme conditions, from jungles to mountain peaks.

Whether you're trying to beat the competition to market with a new product, scale a looming mountain of deadlines or simply get your kids to clean up their rooms, the advice in this book will take you on an adventure you'll never forget, and coach you over the finish line to success.

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This How Winning Works: 8 Essential Leadership Lessons from the Toughest Teams on Earth is great guide for you because the content which can be full of information for you who have always deal with world and have to make decision every minute. This kind of book reveal it details accurately using great coordinate word or we can say no rambling sentences within it. So if you are read the item hurriedly you can have whole data in it. Doesn't mean it only provides straight forward sentences but hard core information with beautiful delivering sentences. Having How Winning Works: 8 Essential Leadership Lessons from the Toughest Teams on Earth in your hand like getting the world in your arm, info in it is not ridiculous one particular. We can say that no guide that offer you world in ten or fifteen tiny right but this guide already do that. So , this is good reading book. Hey Mr. and Mrs. hectic do you still doubt this?

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