



Le Bilan Musculaire De Daniels Et Worthingham: Techniques De Testing Manuel (French Edition)

Helen Hislop, Dale Avers

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Cet ouvrage de référence en kinésithérapie permet une compréhension et un apprentissage facile des techniques d'évaluation et des procédures standard permettant de mesurer la force musculaire et de quantifier les capacités fonctionnelles des patients. Les illustrations, claires et colorées, fournissent un guide sûr pour la position des patients, du thérapeute, la direction du mouvement et de la résistance. En plus de l'évaluation manuelle des muscles des sujets en voie de récupération ou de ceux ayant une insuffisance musculaire ou une paralysie, cette édition inclut une nouvelle approche alternative à la mesure de la force musculaire permettant une évaluation des capacités fonctionnelles, adaptée aux personnes âgées mais aussi à toute personne quel que soit son âge qui serait déconditionnée à l'effort ou en surpoids. · Nouveau chapitre sur l'évaluation des capacités fonctionnelles liées à la force musculaire et adaptée aux personnes de tout âge, ciblant les personnes âgées ou celles dont les forces déclinent. · Nouveaux chapitres sur l'évaluation manuelle de la force musculaire : quand l'utiliser, sa validité, sa sensibilité, sa fiabilité mais aussi ses limites.

On aborde également de nouvelles formes de l'évaluation musculaire, dans de nombreux champs cliniques ainsi que des techniques alternatives à l'évaluation musculaire. · Des schémas accompagnés de flèches directionnelles rendent facile à comprendre et à reproduire la pratique de l'évaluation manuelle de la force musculaire, de façon à permettre au lecteur de mettre en évidence les insuffisances de force, d'équilibre et d'amplitudes. · Plus de 600 schémas montrent clairement les différentes séquences des tests d'évaluation, l'anatomie et l'innervation des muscles. · Des détails sur l'anatomie et l'innervation des muscles aident à faire les liens entre la topographie et la fonction. ·

Des conseils et des éventuelles compensations sous forme d'encadrés fournissent des informations supplémentaires et mettent en évidence les compensations et substitutions musculaires qui peuvent se produire au long d'une évaluation de façon à assurer une plus grande précision à tous les tests. Chaque muscle est identifié par un numéro tout au long de l'ouvrage et ce numéro est indexé dans la liste alphabétique des muscles dans le chapitre Guide des références anatomiques. Cela permet une rapide identification croisée et aide le lecteur à repérer chaque muscle.

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