



125 Best Indoor Grill Recipes

Ilana Simon

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Enjoy the ease of grilling year round.

Indoor grills are very popular (especially the George Foreman grill). Millions of consumers rely on this kitchen appliance to create low-fat grilled food without the fuss of an outdoor grill or leaving the kitchen.

125 Best Indoor Grill Recipes includes tantalizing recipes that work anytime -- from quick weekday suppers to weekend entertaining:

- Blackened Red Fish -- the sizzling southern flavor of New Orleans
- Greek-inspired Beef Souvlaki with Tzaziki Sauce
- Cilantro Lime Chicken
- Caesar Burger Caesar Salad crossed with a hamburger
- Portobello Mushroom Burger -- the ultimate in vegetarian cuisine
- Three Meat Panini with Provolone -- a simple sandwich taken to new heights
- Shrimp Satay
- Southern Fried Chicken
- Honey Dill Salmon with Dijon
- Fajitas
- Teriyaki Chicken.

More than 2.5 million indoor grills are sold each year. Indoor grill-chefs will love these great recipes and practical indoor grilling tips and techniques.



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