

# Ground Fighting Techniques to Destroy Your Enemy: Mixed Martial Arts, Brazilian Jiu Jitsu and Street Fighting Grappling Techniques and Strategy (Fight Training)

Sam Fury



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### Discover the Best Grappling, Brazilian Jiu Jitsu and Mixed Martial Arts Training, Techniques and Strategy to Make You Unstoppable in Any Ground Fight!

Even if you have ZERO experience **Ground Fighting Techniques to Destroy Your Enemy:** *Mixed Martial Arts, Brazilian Jiu Jitsu and Street Fighting Grappling Techniques and Strategy* will teach you the best ground fighting techniques and demonstrate how to use them in a systematic method so you can use them effectively whether it be Mixed Martial Arts, Brazilian Jiu Jitsu, Street Fighting or any other ground fighting you come across.

Note: How to Street Fight by Sam Fury contains all the information in this book plus a whole lot more!

# **Discover the Most Effective Grappling Techniques for Self Defense or any Grappling Sport**

Inside Ground Fighting Techniques to Destroy Your Enemy you will uncover a proven minimalist grappling fighting system **adaptable for MMA, BJJ, Street Fighting or any other ground fight!** 

### Easier and Faster to Learn than Most Mixed Martial Arts Training

The key to this system is the combination of a simple step by step strategic ground fighting guide coupled with *only the best proven ground fighting techniques*.

### These Ground Fighting Techniques are Invaluable in Any Self Defense Scenario

\* One key lesson that is the essence to winning of all ground fights.

\* The very best position to get into when fighting on the ground and how to get there.

\* How to escape this position in case your opponent manages to get you in it, whether it is competition e.g. Mixed Martial Arts, Brazilian Jiu Jitsu etc. or when street fighting.

\* The four dominant positions of ground fighting.

\* How to adopt, escape from and maneuver between these grappling positions.

\* The best ground fighting attacks to do in each of these positions, taken from *proven Brazilian Jiu Jitsu*, *Mixed Martial Arts and other Grappling techniques*.

\* The two best choke holds to end any ground fight FAST!

\* Techniques to beat your opponents on the ground adaptable to any street fight or grappling competition.

\* Arm and leg locks to get your opponent to tap out, or end any street fight.

\* How to *escape from the most common grappling techniques*, and how to apply the best ones so your opponent can't escape.

**LOOK INSIDE** Ground Fighting Techniques to Destroy Your Enemy: *Mixed Martial Arts, Brazilian Jiu Jitsu and Street Fighting Grappling Techniques and Strategy* to see everything that's included!

Get your copy of Ground Fighting Techniques to Destroy Your Enemy <u>TODAY</u> and become unstoppable in any ground fight!

### **Benefits Gained From Ground Fighting Techniques to Destroy Your Enemy Also Include**

\* A straight forward and easy to follow strategic guide applicable to any ground fighting scenario.

\* Easy to follow step by step instructions of *proven Brazilian Jiu Jitsu*, *Mixed Martial Arts and other Grappling techniques* that anyone can follow.

\* Simple and clear pictures of ground fighting techniques so you can easily see exactly what you need to do.

... and much, much more!

### **Ground Fighting Techniques to Destroy Your Enemy Bonus**

Get access to all the latest Survive Travel publications **FREE**!

### **Check Out What Others are Saying About Ground Fighting Techniques to Destroy Your Enemy**

\*\*\*\*\* Great resource for Ground-fighting techniques that actually work. - Michael Powell.

\*\*\*\*\* Take your ground fighting skills to the next level. - Stephanie.

\*\*\*\*\* This is helping me tremendously. - BEAU.

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