



# Sex Talk: Uncensored Exercises for Exploring What Really Turns You on

*Lauren Dockett*

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**Sex Talk: Uncensored Exercises for Exploring What Really Turns You on** Lauren Dockett

Talking about sex not only makes us hot, but also dissolves fears and inhibitions, enhances intimacy, fuels desires, helps us realize our fantasies, and creates a trusted space where we can explore new sexual possibilities together with our partners. Use this book to unlock your secret desires and radicalize your sex life.

Aline P. Zoldbrod, Ph.D., is a certified sex therapist and licensed psychologist in private practice and at the Lahey Clinic Center for Sexual Function in Peabody, MA. She is also author of **Sex Smart**. She lives in Lexington, MA.

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