



# **The Mirror Book: Mirror Sailing from Start to Finish for Beginners & Advanced Sailors (Dinghy Series)**

*Peter Aitken, Tim Davison*

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This book tells you everything you need to know about sailing the bermuda and gaff-rigged Mirror.

Packed with practical advice and illustrated with step-by-step photographs, it teaches you how to sail the UK's most iconic and best-loved dinghy – there are over 70,000 of them. Learn all the essentials, from sailing theory and rigging to faster upwind and downwind sailing and the fundamentals of racing.

Whatever your standard and whether you sail for fun or race competitively, this book will tell you how to get the best out of your Mirror. Peter Aitken, former UK National Mirror Coach, and Tim Davison, a successful racer, reveal the basics and show you how to outsmart the opposition.

A version of this title specifically for iPad/tablet devices is also available. Please see “The Mirror Book (For Tablet Devices)”.

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