



# Moving Forward Together (First Place 4 Health Bible Study Series)

*First Place 4 Health*

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## **Moving Forward Together (First Place 4 Health Bible Study Series)** First Place 4 Health

Moving Forward Together is an exciting study that gives readers new incentive to focus on the journey of following Christ and living according to His precepts. Based on Philippians 3:13-14, this study guides readers to understand how moving forward towards God's purpose for our lives requires a power beyond our human capabilities with committed, trusting friends at our sides. Learn how to be free from the past, handle the day to day pressures in the present and move forward to the future God has planned. All new and easy to use, the First Place 4 Health Bible studies contain 12 weekly studies to help participants prepare, day by day, for the weekly group meeting, as well as providing a handy method for tracking daily and weekly progress. Also included are inspirational and motivational Scripture memory verses on laminated cards, two weeks of Menu Plans with macro-micronutrients listed, a walking chart and a coordinating Scripture Memory Music CD for training the mind while training the body. Join the thousands of people nationwide who are experiencing balanced healthy living with First Place 4 Health.

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### **From reader reviews:**

#### **Thomas Britton:**

People live in this new day of lifestyle always try to and must have the free time or they will get wide range of stress from both everyday life and work. So , once we ask do people have extra time, we will say absolutely indeed. People is human not just a robot. Then we question again, what kind of activity are there when the spare time coming to an individual of course your answer will unlimited right. Then do you try this one, reading guides. It can be your alternative within spending your spare time, often the book you have read will be Moving Forward Together (First Place 4 Health Bible Study Series).

#### **Jose Gray:**

Playing with family inside a park, coming to see the water world or hanging out with friends is thing that usually you could have done when you have spare time, and then why you don't try matter that really opposite from that. One activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition info. Even you love Moving Forward Together (First Place 4 Health Bible Study Series), you can enjoy both. It is excellent combination right, you still desire to miss it? What kind of hang type is it? Oh can occur its mind hangout folks. What? Still don't understand it, oh come on its referred to as reading friends.

#### **Joyce Lynch:**

In this age globalization it is important to someone to get information. The information will make anyone to understand the condition of the world. The condition of the world makes the information easier to share. You can find a lot of recommendations to get information example: internet, paper, book, and soon. You will see that now, a lot of publisher which print many kinds of book. The particular book that recommended for your requirements is Moving Forward Together (First Place 4 Health Bible Study Series) this e-book consist a lot of the information from the condition of this world now. This book was represented how do the world has grown up. The dialect styles that writer value to explain it is easy to understand. The actual writer made some analysis when he makes this book. That's why this book ideal all of you.

#### **Donald Wexler:**

That book can make you to feel relax. This specific book Moving Forward Together (First Place 4 Health Bible Study Series) was vibrant and of course has pictures around. As we know that book Moving Forward Together (First Place 4 Health Bible Study Series) has many kinds or variety. Start from kids until adolescents. For example Naruto or Investigation company Conan you can read and think that you are the character on there. Therefore not at all of book usually are make you bored, any it makes you feel happy, fun and chill out. Try to choose the best book in your case and try to like reading which.

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