

Prepper's Natural Medicine: Life-Saving Herbs, Essential Oils and Natural Remedies for When There is No Doctor

Cat Ellis

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A DEFINITIVE GUIDE TO HEALING ANY AILMENT HOLISTICALLY WHEN DISASTER STRIKES

When disaster strikes and you lose all access to doctors, hospitals and pharmacies, natural medicine will be your family's best hope for survival. *Prepper's Natural Medicine* is the definitive guide to creating powerful home remedies for any health situation, including:

- •Herbal Salve for Infections
- •Poultice for Broken Bones
- Natural Ointment for Poison Ivy
- •Infused Honey for Burns
- •Essential Oil for Migraines
- Soothing Tea for Allergies
- •Nutritional Syrup for Flu

With easy-to-read herbal charts, a breakdown of essential oils, tips for stockpiling natural medicines and step-by-step instructions for creating your own elixirs, salves and more, this book offers everything you need to keep you and your loved ones safe.



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