



# **The Pocket Book of Stones, Revised Edition: Who They Are and What They Teach**

*Robert Simmons*

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The spiritual and healing qualities of 390 members of the mineral kingdom are detailed here in *The Pocket Book of Stones*, Robert Simmons's condensed reference guide to crystals and gems. Based on the bestselling *The Book of Stones: Who They Are and What They Teach*, this guide describes 47 new stones not covered in the original encyclopedia and also contains an index of the spiritual, emotional, and healing qualities of the stones.

This pocket edition has been requested by many readers who are looking for a compact reference that they can carry easily or give as an inexpensive gift to the rock-lovers on their gift lists. Incorporating beautifully lit, full-color photos of each stone, it imparts the spiritual understanding that made *The Book of Stones* the "bible" of many thousands of crystal lovers.

This book is an ideal introduction to stones and their energies for those who are new to the field, as well as being an invaluable portable reference for well-versed readers. Every entry contains a vivid color photo and quick-look list of key words, elemental and chakra correspondences, plus the beneficial physical, emotional, and spiritual qualities of each mineral, crystal, or gemstone. Below the quick-look list, Simmons provides a description of each stone, including scientific data and the story of each stone's spiritual and healing qualities, as well as recommendations for other stones that combine harmoniously with it. The scientific information offered welcomes those not yet familiar with crystal energies by providing a familiar frame of reference and also broadens the knowledge of those who come to stones primarily for spiritual purposes.

*The Pocket Book of Stones* includes a comprehensive index of the healing qualities and the emotional and spiritual properties of all the stones in the book.

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