



Vivir heroicamente (Spanish Edition)

Chris Lowney

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En nuestra vida profesional tenemos que tomar decisiones difíciles, obtener resultados que nos permitan avanzar en nuestras carreras, y adaptarnos a un mundo en constante cambio. Pero también debemos lograr vivir con serenidad y armonía, y encontrar un sentido profundo para nuestra existencia. El camino para lograrlo –nos dice Chris Lowney en *Vivir heroicamente*, sobre la base de su experiencia como jesuita y como hombre de negocios– no es el de la mezquindad y el egoísmo (que impiden ver que somos algo más que individuos aislados) sino el de los valores y el compromiso que permiten integrar cada una de nuestras acciones con un sentido humano profundo, transformador y, además, productivo.

Vivir heroicamente imparte habilidades vitales a través de una estrategia que nos desafía a transformar el trabajo y el hogar, y las creencias y las acciones, en un todo integrado. Una estrategia para que usted pueda lograr la articulación de un propósito digno del resto de su vida, tomar decisiones de carrera y de relación sabios, y hacer que cada día valga la pena por los resultados logrados.

El autor de este libro nos lleva a visitar barrios pobres de Caracas, salas de juntas corporativas, salones de clase de la escuela secundaria y otros lugares para permitirnos conocer a algunas de las innumerables personas comunes y corrientes que se han mejorado a sí mismas, y a su vez han contribuido a mejorar el mundo mediante la búsqueda de un propósito y valores por los cuales vale la pena vivir.

Chris Lowney preside la junta directiva de Catholic Health Initiatives, uno de los sistemas de cuidado de la salud más grandes de los Estados Unidos. Tras una experiencia como seminarista jesuita, se desempeñó como director general de JP Morgan & Co. en Nueva York, Tokio, Singapur y Londres, hasta dejar la firma en 2001. Graduado con honores en la Universidad de Fordham, donde también recibió su MA, es además titular de cinco doctorados honoris causa.

Es autor de cuatro libros, incluidos best sellers, y entre ellos uno dedicado al Papa Francisco, en los que conjugó sus experiencias en el mundo de los negocios y en el plano de la acción solidaria: como fundador de Commons, una organización jesuita innovadora que ofrece educación universitaria en línea en campos de refugiados de África y en otros lugares del mundo, y de Peregrinación por el futuro de nuestros niños, una entidad que financia proyectos de educación y de salud en el mundo en desarrollo.

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