



Dynamic Physical Education for Elementary School Children (16th Edition)

Robert P. Pangrazi, Aaron Beighle

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Key Benefit:

Used by over half a million readers, the best-selling *Dynamic Physical Education for Elementary School Children* offers the next generation of physical education teachers the best guide in step-by-step techniques for teaching physical education. This text covers everything from games and activities suitable for every developmental level to teaching strategies and guidelines for every classroom situation.

Whether instructors are starting a new program, restructuring an established one, or working with a team in an existing system, *Dynamic Physical Education for Elementary School Children* provides the best combination of theoretical framework and hands-on activities available. The Sixteenth Edition underscores the importance of activities taught in Part II of the book for reader use later in their careers. It also provides an updated video package, and emphasizes the importance of lifetime physical activity through inclusion of club activities, lifetime sports, and discussion of helping readers develop healthful behaviors.

Key Topics: Elementary School Physical Education, Teaching Children in the Physical Education Environment, Preparing a Quality Lesson, Curriculum Development, Improving Instructional Effectiveness, Management and Discipline, Children with Disabilities, Evaluation, Legal Liability, Supervision, and Safety, Facilities, Equipment, and Supplies, Integrating Academic Concepts, Promoting and Monitoring Physical Activity, Physical Fitness, Active and Healthy Schools, Movement Concepts and Themes, Fundamental Motor Skills and Introductory Activities, Manipulative Skills, Body Management Skills, Rhythmic Movement Skills, Gymnastic Skills, Cooperative Skills, Game Skills, Lifetime Activities, Basketball, Football, Hockey, Soccer, Softball, Track, Field, and Cross-Country Running, Volleyball

Market: Intended for those interested in gaining a basic knowledge of physical education for elementary school teachers.

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