



## Curar-se para ser feliz! (Portuguese Edition)

*Padre Adriano Zandoná*

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## **Curar-se para ser feliz! (Portuguese Edition)** Padre Adriano Zandoná

Todo ser humano deseja ser feliz, contudo, para isso é necessário realizar um corajoso ato de "travessia", o qual nos levará a ultrapassar as dores que nos encarceram e a percorrer as límpidas águas do amadurecimento afetivo e emocional. A felicidade só conseguirá estabelecer sua morada em corações que souberem buscar, a partir de um Amor maior, a cura e o equilíbrio, e isso, principalmente, em seus afetos e emoções. Nesta obra, Pe. Adriano Zandoná relata que todos nós temos uma história feita de perdas, tristezas e feridas, que precisarão ser curadas e transformadas. Para conquistarmos uma verdadeira felicidade, precisaremos realizar a belíssima travessia da cura emocional, deixando para trás os afetos machucados e conquistando maturidade em nossa vida e relacionamentos. Trilhe conosco este caminho, permitindo-se curar e transformar seus afetos e emoções. E tenha a certeza: há uma encarnada e possível felicidade esperando por você!

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