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Gangaji

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The lives of thousands of people have been influenced by Gangaji's teachings. *You Are That* is a collection of her classic offerings, first shared more than a decade ago and now updated to include both original volumes, a new introduction, rare photographs, and new insights. This exquisite special edition delves into natural inquiries about our existence, including the nature of mind, how to expose the core of suffering, and how to overcome the last obstacle of self-doubt.

Eloquent and direct, Gangaji guides practitioners of all backgrounds through an examination into the self that often leads to unexpected glimpses of awakening. "This is a moment of reckoning," she teaches.

"Do not take this moment casually or trivially. Recognize that for whatever reason, you are aware of the possibility of realizing the truth of yourself as limitless consciousness—you are that!"

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