

Existential Family Therapy: Using the Concepts of Victor Frankl

James E. Lantz, Viktor Emil Frankl



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Existential Family Therapy: Using the Concepts of Victor Frankl James E. Lantz, Viktor Emil Frankl Introduces the use of Viktor Frankl's existential approach in family therapy. Frankl is concerned with illumination of the clients' "meaning in the world", and the importance of helping the family gain awareness and make use of these potentials is the central idea in this therapy.

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