

Summary : When Organizing Isn't Enough - Julie Morgenstern: SHED Your Stuff, Change Your Life

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Summary : When Organizing Isn't Enough - Julie Morgenstern: SHED Your Stuff, Change Your Life BusinessNews Publishing Complete summary of Julie Morgenstern's book: "When Organizing Isn't Enough: SHED Your Stuff,

Change Your Life".

This summary of the ideas from Julie Morgenstern's book "When Organizing Isn't Enough" shows that organizing works just fine when you know where you want to go but you aren't really sure how you can actually get there. There are, however, times when organizing alone isn't enough. In her book, the author explains that, in those situations, you are better off releasing your attachment to old and obsolete items so you have more clarity and space to move forward. This summary presents the four-step SHED approach that will allow you to let go of the things that represent the past.

Added-value of this summary:

- Save time
- Understand key concepts
- Expand your knowledge

To learn more, read "When Organizing Isn't Enough" and discover how you can make a new start in your personal or professional life.

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